

## HLTAID003 Provide first aid

### Course Information:

- ✓ HLTAID003 Provide first aid is by far the most popular first aid training which incorporates HLTAID001 Provide cardiopulmonary resuscitation and HLTAID002 Provide basic emergency life support.
- ✓ There are no pre-requisites for this first aid course so it is perfect for people that have never completed first aid training before, and is the minimum required course for workplace first aiders.
- ✓ It is recommended that HLTAID003 Provide first aid is renewed every 3 years and the HLTAID001 Provide cardiopulmonary resuscitation component is renewed annually.
- ✓ The HLTAID001 Provide cardiopulmonary resuscitation component of the course also includes training in Automated External Defibrillation (AED) and replaces the 22101VIC defibrillation course.

### Award Issued:

- ✓ Participants assessed as being competent in all assessments will receive a **Statement of Attainment** in HLTAID003 Provide first aid (Including units HLTAID001 Provide cardiopulmonary resuscitation and HLTAID002 Provide basic emergency life support).

### Course Requirements:

- ✓ All clients completing this course must have moderate English. All clients will need to complete a few scenarios at the beginning of the class to ensure effective communication.
- ✓ It is a requirement that CPR be demonstrated for a minimum of 2 minutes on the floor using a manikin, if this is not achieved you will not be marked as competent.

### Course Duration:

- ✓ 2-6 Hours of Pre-course online eLearning home study prior to the class
- ✓ 5 hours face-to-face training

### Training Delivery:

#### Online Pre- Course Theory – Prior to your class:

- ✓ You are required to complete 3 to 6 hours of pre-course theory.
- ✓ It is a requirement that this be completed 24hrs prior to attending the class.
- ✓ The pre-course theory is made up of 10 modules with quiz questions all being multiple choice.
- ✓ Students who have not completed the pre-course theory will not be admitted into the class and fees will be forfeited.

### Practical Assessment Component:

- ✓ In your practical component you will need to complete 1 theory test (multiple choice questions) and practical exercises, you will be assessed by your trainer and have to be marked as competent to pass for your qualification.
- ✓ Practical exercises are completed in groups or pairs and will involve placing participants in the recovery position, applying bandages and slings, use of the EpiPen, use of asthma puffer and practicing CPR on manikins on the floor. Where possible we try to pair the same gender however there may be times when you are required to be paired with the opposite gender.



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### Contact Us:

CPR First AID (RTO 21903)

Phone: 1300 305 606

Email: [info@cprfirstaid.com.au](mailto:info@cprfirstaid.com.au)

Website: [www.cprfirstaid.com.au](http://www.cprfirstaid.com.au)

ABN: 75 134 879 315

Adina, Level 1, 550 Flinders Street

Melbourne VIC 3000