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## CPR First Aid COVID Safe Plan

CPR First Aid is an essential educational service, delivering CPR and First Aid courses to those working in essential services in Melbourne and Sydney. We are actively monitoring advice from the Australian Government, the Chief Medical Office and the Australian First Aid Training Council in relation to Coronavirus (COVID-19) and precautions we must put in place to ensure client health and safety in our classes.

### HOW ARE WE MEETING GOVERNMENT & COMPLIANCE REQUIREMENTS?

1. We are an **essential service** and still able to deliver first aid and CPR courses
2. We are required to ensure **1.5m social distancing** requirements as an educational facility
3. We have implemented **stringent hygiene practices**:
  - sanitising before and after entering the class
  - sanitising after touching any equipment
  - sanitising is also enforced if a learner touches any personal belongings, such as a mobile phone, in the class environment
  - sanitised surfaces and equipment with antibacterial sprays & wipes
  - increased sanitising and cleaning at venues
4. We have **modified assessments**:
  - no touching other learners in the classroom
  - learners will place themselves in recovery positions
  - 1 manikin per person
  - Social distancing during all assessment activities
  - Bandaging – learners to bandage themselves or their manikin
  - CPR – learners to simulate CPR and will not put their face or mouth on manikins, but will still be given alcohol wipes and faceshields in line with our standard practices
5. As of 1<sup>st</sup> August all learners and trainers will be touch-free temperature checked upon arrival at the venues. Anyone with a higher than normal temperature will be unable to commence the class and will be rescheduled at no additional cost.

### WHEN YOU MUST NOT ATTEND:

- We ask that anyone contact us or postpone coming to one of our classes if they have been in contact with any person with suspected or diagnosed COVID-19, or if they themselves are feeling unwell.
- Any client who attends a class with flu like symptoms will be asked by the trainer to leave. We must ensure exclusion of anyone showing signs of being sick in our classes, for the safety of our staff and everyone else attending the training session.
- Sick clients should reschedule once they have medical clearance
- Signs and Symptoms of COVID-19:
  - Fever
  - Fatigue
  - Dry Cough
  - Sore Throat
  - Shortness of Breath

CPR First Aid has had no individuals with a confirmed case of COVID-19 in any venues across Australia, and our continued priority is to ensure we are being proactive for the safety of our clients, and staff.